

Race Analysis

Criteria 2026

Name	Result	Average Speed
D'Ambrosio Carlos	01:40.69	1.99



	1' 25	2' 25	3' 25	4' 25	5' 25	6' 25	7' 25	8' 25
Lap	00:10.92	00:12.58	00:12.76	00:12.57	00:12.73	00:13.96	00:12.28	00:12.89
Average lap Speed	2.29	1.99	1.96	1.99	1.96	1.79	2.04	1.94
Contribution of no swimming areas	%	12.64%	5.41%	4.78%	6.19%	3.56%	1.69%	12.91%
Stroke	N°	9	13	14	14	15	15	16

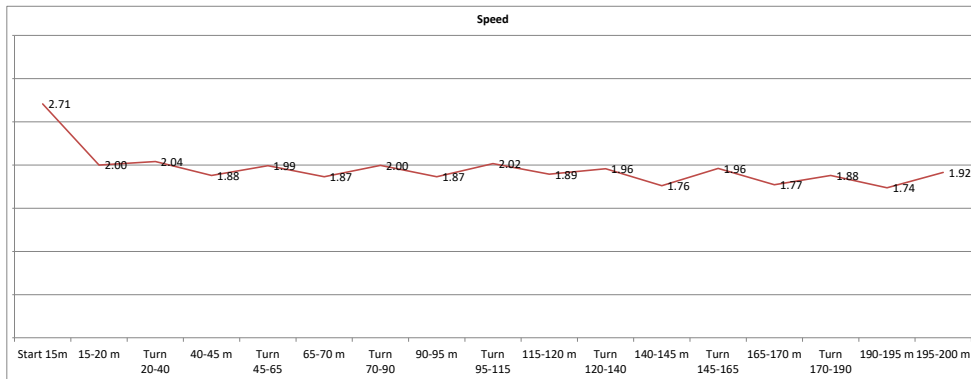
1' 50	2' 50	3' 50	4' 50
00:23.50	00:25.33	00:26.69	00:25.17
2.13	1.97	1.87	1.99
9.0%	5.5%	2.5%	11.7%

1' 100	2' 100
00:48.83	00:51.86
2.05	1.93
7.22%	7.14%

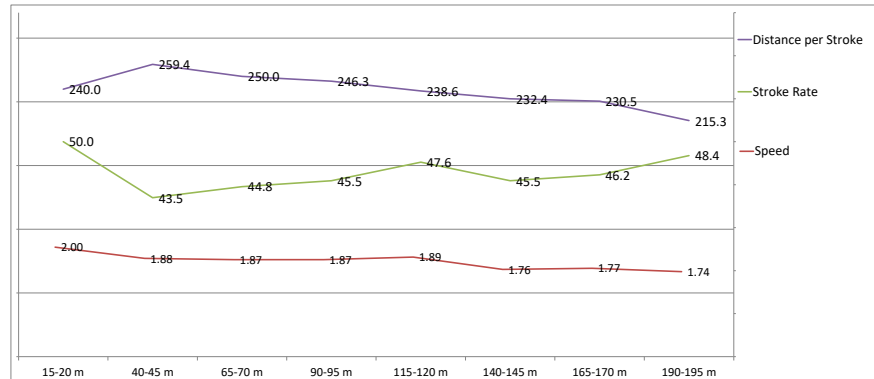
Split	50m	100m	150m	200m
Split	00:23.50	00:48.83	01:15.52	01:40.69

	Start 15m	15-20 m	20-25 m	Turn 20-40	40-45 m	45-50 m	Turn 45-65	65-70 m	70-75 m	Turn 70-90	90-95 m	95-100 m	Turn 95-115	115-120 m	Turn 120-140	140-145 m	145-150 m	Turn 145-165	165-170 m	Turn 170-190	190-195 m	195-200 m	Average swimming parameters		
Split	Time	00:05.54	00:08.04	00:10.92	00:17.84	00:20.50	00:23.50	00:30.54	00:33.22	00:36.26	00:43.24	00:45.92	00:48.83	00:55.84	00:58.48	01:01.56	01:08.70	01:11.54	01:15.52	01:21.74	01:24.56	01:27.80	01:35.20	01:38.08	01:40.69
Lap	Time	00:05.54	00:02.50	00:02.88	00:09.80	00:02.66	00:03.00	00:10.04	00:02.68	00:03.04	00:10.02	00:02.68	00:02.91	00:09.92	00:02.64	00:03.08	00:10.22	00:02.84	00:03.98	00:10.20	00:02.82	00:03.24	00:10.64	00:02.88	00:02.61
Speed	Metri/Sec	2.71	2.00	2.00	2.04	1.88	1.99	1.87	1.87	2.00	1.87	1.87	2.02	1.89	1.89	1.96	1.76	1.76	1.96	1.77	1.77	1.74	1.92	1.85	1.92
Stroke Rate	Cycle/Min	50.0	47.6	43.5	46.9	44.8	44.8	46.2	45.5	42.9	45.5	42.9	47.6	50.0	47.6	45.5	44.8	46.2	46.9	48.4	46.2	48.4	46.2	46.4	46.4
Distance per Stroke	Cm	240.0	240.0	240.0	259.4	250.0	246.3	238.6	232.4	230.5	215.3	215.3	215.3	215.3	215.3	215.3	215.3	215.3	215.3	215.3	215.3	215.3	215.3	215.3	215.3
Stroke index	DPS*speed	4.80	4.80	4.88	4.88	4.66	4.66	4.59	4.59	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52	4.52

Speed Evolution



Comparison Distance per Stroke - Stroke Rate - Speed



SwimLab 2.0

