

europaean Spa

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'FEEL GOOD AGAIN'

St Michaels Resort's new focus on wellbeing in Cornwall, UK

FINNISH SAUNA

How the country's passion is spreading around the world

A SENSE OF PLACE

Parisian luxury at Rosewood's Hôtel de Crillon, France

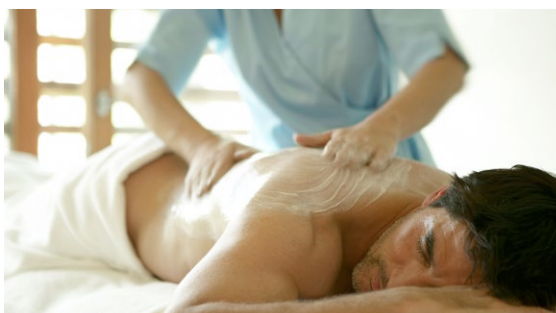
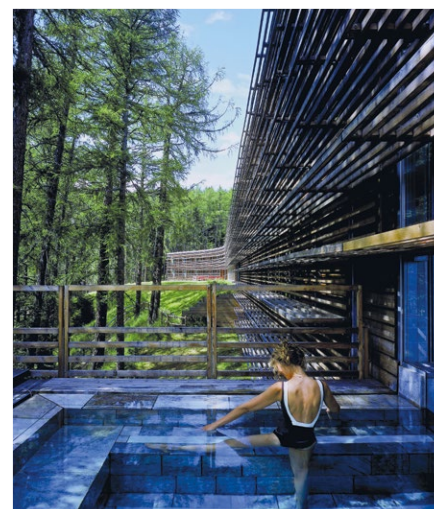
TECHNOLOGY FOCUS

Our Expert Guide to the best spa management software

Style

● FURNISHINGS ● EQUIPMENT ● FINISHES ● TECHNOLOGY ● FITNESS

EDITED BY SARAH TODD



South Tyrolean design masterpiece focuses on ‘nature and silence’

15 years on from its inception, Matteo Thun’s pioneering architecture at the Vigilius Mountain Resort still defines luxury and simplicity



Matteo Thun

Italy: With stunning views of the Etschtal Alpine valley below and the Dolomites in the distance, the Vigilius Mountain Resort has celebrated its 15th anniversary.

Located 1,500m above sea level on the Vigiljoch mountain, the resort and spa exemplify a symbiosis between nature and architecture, designer Matteo Thun having merged the interior

and exterior to create a haven of modern luxury.

“My design focuses on purity, subtly emphasising the simplicity of natural elements, such as clean air, lush greenery, the calmness of trees and the freshness of the Vigiljoch’s mineral water,” says Thun. “We wanted to bring the fantastic nature

inside, and the entire resort and spa are synergistic with healthy living in its purest form.”

Spread across the landscape like a fallen tree, the building blends into the mountain ridge courtesy of its stark, horizontal wooden slats, and the flat roof is grass-covered to further soften its presence.

Thun’s design concept followed a principle of ‘eco, not ego’ with energy-saving triple-glazed glass throughout and natural materials dominating the construction, including raw, rammed clay walls in the bedrooms and suites, providing a unique aesthetic.

The region’s rich mineral spring water flows through all the pipes at the resort – from the bathroom taps to the infinity pool – and the spa combines unique elements of the South Tyrolean location with traditional and Far Eastern healing.

The 1,200sqm spa is located in the southern part

of the resort with the majority of its 11 treatment rooms located on the ground floor. All of the wooden benches, sun-beds and loungers in the spa and on its terrace, as well as the tables and benches, were also designed by Thun.

Other standout offerings include a brine mineral water pool, a sauna with panoramic windows, and an adjoining indoor whirlpool and outdoor infinity pool that extend into a charming cluster of larch trees.

www.vigilius.it | www.matteothun.com

STYLE FACTS

Architect/Interior and spa designer: Matteo Thun

Owner: Ulrich Ladurner **Spa size:** 1,200sqm

Treatment rooms: 11 **Heat experiences:** Hofer Group

Lighting: Zumtobel **Product partners:** Sodashi, Salin die Biosel, Ytsara